

A Letter To A Murderer

Dear Alyssa,

From one 15-year-old lost soul to another, I hope this letter gives you the information and motivation you need to appeal your case.

As for my, once upon on a time, it pertinently unfolds a little something like this.

My childhood was so traumatic, I ended up having a nervous breakdown at the age of 11, and by age 15 I had no place to live. And while it's been a trying journey thus far, there've been many blessings in disguise along the way.

Luckily, I was never prescribed mental health medication as a child, due to the fact my now deceased, estranged mother never cared about my well-being to begin with. Let alone she was partly responsible for my deep-rooted pain.

Thankfully, I learned about mental health medication early on in school and how there's no scientific data to prove it's even effective, which is still the case today to my understanding.

Granted, I've had a handful of people tell me I would benefit from taking antidepressants. But since there's no amount of money in the world that could persuade me to, this's why.

My estranged best friend was on Zoloft when she tried to kill herself.

My estranged friend was on 5 different mental health medications to the point where it severely altered her motor skills, notably while driving.

My estranged sister who was on Prozac told me to go kill myself, all because I was talking to her about how I was having a bad day at work.

And last but not least:

According to the Citizens Commission on Human Rights International, 90 percent of school shootings, over more than a decade, were linked to SSRI antidepressants.

<https://www.cchrnt.org/pdfs/violence-report.pdf>

I saw your story on a show called Killer Kids, and something told me to dig a little deeper. I can't even begin to tell you how sorry I am that society has failed you, sadly on more than one occasion.

It is to my understanding you were prescribed Prozac, then two weeks after they increased your dosage, you committed the crime in which you're currently serving a life sentence for. Then they had the audacity to throw that fact out of court because they couldn't prove Prozac can cause an individual to commit murder.

That study proves SSRI antidepressants, Prozac is linked to kids committing murder. And while I'm not a lawyer or doctor (been thinking about going back to school to help people like you) I hope there's a way you can appeal your case, not to condone your actions by any means.

But I truly believe you wouldn't have committed murder if your mind wasn't in a Prozac altered state.

Fluoxetine, also known as Prozac.

"A small number of children, teenagers, and young adults (up to 24 years of age) who took antidepressants ('mood elevators') such as fluoxetine during clinical studies became suicidal (thinking about harming or killing oneself or planning or trying to do so). Children, teenagers, and young adults who take antidepressants to treat depression or other mental illnesses may be more likely to become suicidal than children, teenagers, and young adults who do not take antidepressants to treat these conditions. However, experts are not sure about how great this risk is and how much it should be considered in deciding whether a child or teenager should take an antidepressant."

<https://medlineplus.gov/druginfo/meds/a689006.html>

Then along came a medical term called Antidepressant Poop-out. It's when a person's antidepressants stop working. Essentially, it's the body's way of signaling antidepressants don't belong in the body, Immune System 101. Yet the mental health community insists on calling it a "phenomenon" when simply stated it's just common sense.

The art of duping, legally doping, they just end up prescribing another antidepressant, then another atop of the new one to work in tandem, until the patient starts twitching and has to take medication for that too, zombie!

I saw a commercial on TV the other day about an antidepressant called Trintellix. They were suggesting a person alter the chemicals in their brain if they weren't gung-ho about doing laundry, I kid you not!

I truly believe "psychiatrists" deliberately mess up people even more so they'll keep coming back out of desperation, cha-ching. When in all actuality, the patient's feelings are natural and valid to begin with.

Which brings me to my next question, who's really to blame? A 15-year-old traumatized adolescent, big pharma and/or the mental health community?

Patricia Preiss filed a lawsuit against you, instead of big pharma. Talk about a prime example of just how flawed humanity really is. And while I realize her grief is likely unimaginable, you lost your life too courtesy of a society that thinks altering the chemicals in a human brain is the answer, when in a majority of instances, it's not!

You're not a monster, big pharma and the vast majority of medical professionals are. And my guess is, you're still on several different medications, so is my sister who I haven't heard from in 13 years, and it breaks my heart.

And since you've got a whole lot of time on your hands, I encourage you to fight! Fight for you, and for others that can't fight for themselves, like that 15-year-old girl, now young adult who deserves a second chance!

You matter,

Jamie LaBree

P.S.

I hope whoever's reading this letter too has the heart to take a step back, embrace the truth, now put yourself in her shoes.

https://en.wikipedia.org/wiki/Murder_of_Elizabeth_Olten